



*Join us Wednesday, February 24, 2010  
for a Day of Classes  
to support the*

**HUMANE**  
SOCIETY OF FORSYTH COUNTY  
 a NO KILL shelter

*Open to the Public! Everyone is welcome!*

*8:30 am Zumba with Kim  
8:30 am Spinning with Kathy*

*9:00 am Kickboxing with Chanda*

*9:30 am Pumping Iron with Tina*

*10:00 am Step with Lisa*

*10:30 am Pilates with Lisa*

*4:30 pm Booty Call with Jeri Sue*

*5:00 pm Pumping Iron with Tom  
5:00 pm Spinning with Kim*

*5:30 pm Yoga with Mary Beth*

*Join us at 6:00 for a wine reception and raffle drawings for  
great prizes!*

*\$ 10/ person paid at the door  
Cash or Check made payable to the Humane Society of Forsyth County*

*For more information call Gold's Gym in Cumming at*

*770.844.7500*

*or*

*Visit [www.forsythpets.org](http://www.forsythpets.org)*

